



BOOK RECOMMENDATION LIST BY TOPIC



*My favorite supplemental resources from
my home library that I've used personally and recommended with great
success to clients over the years*

Abusive and Dysfunctional Relationships + Attachment

Issues

Attached, Dr. Amir Levine

Codependent No More, Melody Beattie

Codependent No More Workbook, Melody Beattie

Healing the Shame That Binds You, John Bradshaw

Stop Caretaking the Borderline or Narcissist, Margalis Fjelstad

The Emotionally Abused Woman, Beverly Engel

The Emotionally Abusive Relationship, Beverly Engel

The New Codependency, Melody Beattie

Women Who Love Too Much, Robin Norwood

Chakra and Energy Healing, Energy Medicine, Medical

Intuition

Anatomy of the Spirit, Caroline Myss, Ph.D.

Awaken the Inner Shaman, Jose Luis Stevens, Ph.D.

Sacred Contracts, Caroline Myss, Ph. D.

Shaman Wisdom, Shaman Healing, Michael Samuels, M.D. and Mary Rockwood Lane, Ph.D.

Wheels of Life, Anodea Judith

Why People Don't Heal and How They Can, Caroline Myss, Ph.D.

Divine Feminine Healing

Grandmother Moon, Zsuzsanna E. Budapest

Moon Spells, Diane Ahlquist

Power of the Magdalene, Stuart Wilson + Joanna Prentis

Return of the Divine Sophia, Tricia McCannon

The Goddess Path, Patricia Monaghan

The Magdalen Manuscript, Tom Kenyon and Judi Sion

The Union of Isis and Thoth, Normandi Ellis and Nicki Scully

Women's Rites, Women's Mysteries, Ruth Barrett

Women Who Run with the Wolves, Clarissa Pinkola Estes, Ph.D.

You Are a Goddess, Sophie Bashford

Grief and Heartbreak

Anger, Thich Nhat Hanh

Broken Open, Elizabeth Lesser

Forgiveness, Iyanla Vanzant

Healing the Shame that Binds You, John Bradshaw

It Wasn't Your Fault: Freeing Yourself from the Shame

of Childhood Abuse with the Power of Self-Compassion, Beverly Engel

A Voice in the Tide (A Memoir): How I Spoke My Truth

in the Undertow of Denial and Self-Blame, Nancy Shappell

When Things Fall Apart: Heart Advice for Hard Times, Pema

Chodron

Intuitive Development

Akashic Records: One True Love, Gabrielle Orr

Ask Your Guides, Sonia Choquette

Hands of Light, Barbara Ann Brennan

How to Do Psychic Readings Through Touch, Ted Andrews

How to Read the Akashic Records, Linda Howe

Intuitive Being, Jill Willard

Invincible Living, Guru Jagat

Love and Intuition, Sherrie Dillard

Meditation for Beginners, Jack Kornfield

Opening to Channel, Sanaya Roman

Personal Power Through Awareness: A Guidebook for

Sensitive People, Sanaya Roman

Sacred Path of Reiki, Katalin Koda

So You Want to Be a Psychic Intuitive? Alexandra Chauran

The Awakened Aura, Kala Ambrose

The Hathor Material, Tom Kenyon

The Intuitive Way (Workbook), Penney Peirce

The Pleiadian Tantric Workbook, Amarah Quan Yin (read AFTER you've completed The Pleiadian Workbook)

The Pleiadian Workbook, Amarah Quan Yin

The Psychic Pathway (Workbook), Sonia Choquette

The Reiki Bible, Eleanor McKenzie

Trust Your Vibes, Sonia Choquette

WTF is Tarot...& How Do I Do It?, Bakara Wintner

Law of Attraction

Ask and It Is Given, Esther and Jerry Hicks

E-Squared, Pam Grout

Get Rich, Lucky Bitch, Denise Duffield-Thomas

The Astonishing Power of Emotions, Esther and Jerry Hicks

The Law of Attraction, Esther and Jerry Hicks

The Vortex, Esther and Jerry Hicks

Life and Soul Purpose

Autobiography of a Yogi, Paramahansa Yogananda

Conversations with the Children of Now, Meg Blackburn Losey

Falling into Grace, Adyashanti

Indigo Adults: Understanding Who You Are and What You Can Become, Kabir Jaffe and Ritama Davidson

Journey of Souls, Michael Newton, Ph.D.

Many Lives, Many Masters, Brian L. Weiss, M.D.

Soul Contracts: Find Harmony and Unlock Your Brilliance, Danielle MacKinnon

Soul Lessons and Soul Purpose, Sonia Choquette

The Book of Awakening, Mark Nepo

The Divine Romance, Paramahansa Yogananda

The Upanishads, Eknath Easwaran

Transforming Fate into Destiny, Robert Ohotto

Your Soul's Plan and Your Soul's Gift, both by Robert Schwartz

Relationship Guidance

Daring Greatly, Brene Brown

In the Lotus of the Heart, Shubhrajji

In the Meantime, Iyanla Vanzant

Loving What Is, Byron Katie

The Dark Side of the Light Chasers, Debbie Ford

The Forty Rules of Love: A Novel of Rumi, Elif Shafak

The Heart of Love, Dr. John F. Demartini

The Magdalen Manuscript, Tom Kenyon and Judi Sion

The Power of Now, Eckhart Tolle

Twin Souls, Patricia Joudry and Maurie D. Pressman, M.D.

Wired for Love, Stan Tatkin

Spiritual Career Development

Astrology for the Soul, Jan Spiller

Finding Your Own North Star, Martha Beck

How to Make One Hell of a Profit and Still Get to

Heaven, Dr. John F. Demartini

The Artist's Way, Julia Cameron

The Desire Map: A Guide to Creating Goals with Soul, Danielle LaPorte

The Fire Starter Sessions: A Soulful + Practical Guide to Creating Success on Your Own Terms, Danielle LaPorte

Wellth: How I Learned to Build a Life, Not a Resume, Jason Wachob

Sexual Energy Healing, Tantra and Taoism

Don Juan and the Art of Sexual Energy, Merilyn Tunneshende

Healing Love through the Tao: Cultivating Female Sexual Energy,
Mantak Chia

Kundalini Rising: Exploring the Energy of Awakening, Gurmukh Kaur
Khalsa, Andrew Newberg, Sivananda Radha, Ken Wilber and John
Selby

Tantra for the West, Marc Allen

Taoists Secrets of Love: Cultivating Male Sexual Energy, Mantak Chia

The Magdalen Manuscript, Tom Kenyon and Judi Sion

The Multi-Orgasmic Couple: Sexual Secrets Every Couple Should
Know, Mantak Chia

The Multi-Orgasmic Man: Sexual Secrets Every Man Should Know,
Mantak Chia

The Multi-Orgasmic Woman: Sexual Secrets Every Woman Should
Know, Mantak Chia

Urban Tantra: Sacred Sex for the Twenty-First Century, Barbara
Carrellas

Tarot Books

A Complete Guide to the Tarot by Eden Gray (old school book so it's not my favorite; does include reversals)

Holistic Tarot by Benebell Wen (this book is gigantic yet extensive)

Kitchen Table Tarot by Melissa Cynova

Learning the Tarot by Joan Bunning (Awesome beginner's book)

Learning Tarot Spreads by Joan Bunning

Seventy-Eight Degrees of Wisdom by Rachel Pollack (goes deeper into symbolism, links to Kaballah and descriptions of each card)

Tarot Masterclass by Paul Fenton-Smith

The Essential Guide to Tarot by David Fontana

The Ultimate Guide to the Rider Waite Tarot (especially for all the little symbols in each card) by Johannes Fiebig/Evelin Burger

The Ultimate Guide to Tarot Spreads by Liz Dean (Over 70 spread ideas)

WTF is Tarot by Bakara Wintner (Young, modern take on tarot – this was an easy read)